



AIAM HOLISTIC PULSE

July 2022

SUMMER QUARTER CALENDAR

Quarter Begins.....July 6th

Add/Drop Deadline.....July 10th

Labor Day*.....Sept. 5th

Quarter Ends...Sept. 26th



*AIAM closed for holiday

JUBIULANT JULY

July kicks off a new quarter and AIAM will even have their first in-person graduation ceremony since January 2020! We don't have words for how excited we are about that. July is also the month for Independence Day, which was July 4th. We hope you all enjoyed the holiday. Coming up on July 18th is Nelson Mandela Day.

[Nelson Mandela International Day, 18 July, For Freedom, Justice and Democracy \(un.org\)](https://www.un.org/en/observances/nelson-mandela-international-day)



“Education is the most powerful weapon which you can use to change the world.” ~ Nelson Mandela

NELSON MANDELA – DECADE OF PEACE

On 24 September 2018, world leaders gathered at United Nations Headquarters in New York for the Nelson Mandela Peace Summit. At the Summit, nearly 100 Heads of State and Government, Ministers, Member States and representatives of civil society participants adopted a political declaration committed to redoubling efforts to build a just, peaceful, prosperous, inclusive and fair world, as they paid tribute to the late South African President's celebrated qualities and service to humanity.

Recognizing the period from **2019 to 2028 as the Nelson Mandela Decade of Peace**, the [Declaration](#) saluted Mr. Mandela for his humility, forgiveness and compassion, acknowledging as well his contribution to the struggle for democracy and the promotion of a culture of peace throughout the world.

By the text, Heads of State and Government and Member States representatives reaffirmed their commitment to uphold the sovereign equality of all States and respect for their territorial integrity and political independence, as well as the duty of Member States to refrain from the threat or use of force. Recognizing that peace and

security, development and human rights are the pillars of the United Nations system and the foundations for collective security and well-being, the Declaration reaffirmed the 2030 Agenda for Sustainable Development. “We resolve to move beyond words in the promotion of peaceful, just, inclusive and non-discriminatory societies,” leaders pledged, as they stressed the importance of the equal participation and full involvement of women and youth.

They also declared that racism, xenophobia and related intolerance represent the very opposite of the purposes of the United Nations and emphasized their resolve to protect the rights of children, especially in armed conflict. “Protecting children contributes to breaking the cycle of violence and sows the seeds for future peace,” the Declaration said.

In addition, leaders reaffirmed that each State has a responsibility to protect its population from genocide, war crimes, ethnic cleansing and crimes against humanity. They underscored that civil society can play an important role in preventing conflicts, contributing to peacebuilding and advancing efforts to sustain peace. Further by the Declaration, they emphasized the importance of a comprehensive approach to sustaining peace by preventing conflict and addressing its root causes and strengthening the rule of law, poverty eradication, and social development. “It is clear that lasting peace is not realized just by the absence of armed conflict, but is achieved through a continuing positive, dynamic, inclusive and participatory process of dialogue,” they underscored.

They also welcomed the example set by South Africa in unilaterally dismantling its nuclear-weapon programme and recalled the firm plea made by Mr. Mandela in favour of the total elimination of nuclear weapons. They further recommended “in the spirit of Nelson Mandela’s legacy” that the United Nations explore means to consider the needs of present and future generations in its decision-making processes.

Article above from: [Nelson Mandela International Day :: Decade of Peace \(2019 - 2028\) \(un.org\)](https://www.un.org/peace/2019/09/2019-09-24-nelson-mandela-international-day-decade-of-peace-2019-2028)

MESSAGE FROM THE DEAN

Integrity

The great British writer, C.S. Lewis, said, “Integrity is doing the right thing, even when no one is watching.” This famous quote is about living according to our own values, being honest, and being free of corruption and hypocrisy; it is living our deepest principles even when it may not be to our advantage. If we only live our core values when it’s easy, our values really have no meaning in our lives.

Recently, AIAM had a site visit from the Ohio Board of Nursing. After reviewing many documents, including our internal document detailing the many policies and processes and changes the administration has had to make over the past two years related to a widespread and troubling pattern of cheating, and after listening to groups of our nursing students in three different meetings, two take-aways our site visitor shared with us were 1) Nurses must have high levels of integrity for effective and safe nursing practice and cheating demonstrates a lack of integrity which if done in school, will be done in the workplace, as well; and 2) After meeting with our students, she indicated we needed even stricter adherence to our policies to help instill this expectation of sticking to rules and policies in the students in order to foster the level of professionalism required in the field of nursing.

Although she was speaking to the nursing programs specifically since those are her jurisdiction, all our programs at AIAM lead to healthcare careers which require professionalism and integrity. Demonstrating these attributes does not mean mistakes are never made; it does mean we adhere to our rules and policies, as we each do our best to live by our core values.

Every July 4th, the USA celebrates Independence Day. Our country is not perfect and since a country is made of people, and people make mistakes, so does our country. However, flawed its leaders and people can be at times, the core values and principles are worth celebrating as a guiding light, even in hours of darkness, perhaps the most needed in hours of darkness. We each contribute to our society as a whole through how we live our own lives. We are much more likely to achieve a societal culture of integrity, honesty, and moral courage to do the right thing even when its hard, even when no one is looking, when as individuals we live this way in our own small daily acts. In the end, we the people are the country.



DEAN'S LIST SPRING QUARTER 2022

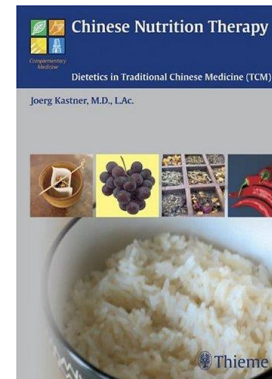
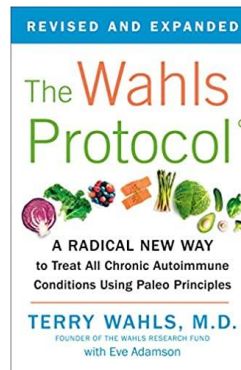
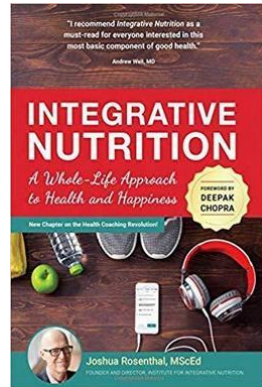
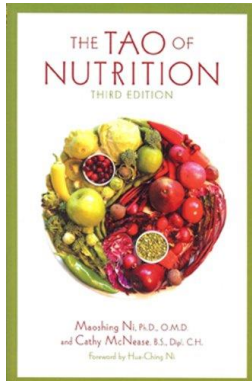
First Name	Last Name
Delphine	Abongnwen Epse Buwake
Janet	Acheampong
Aimee	Adams
Dorothy	Addison
Yaovi	Adjakpo
Akua	Agyemang-Badu
Oluyemisi	Aiyesa
Iklan	Ali
Amino	Ali
Millicent	Amoako
Vera	Appau
Jodi	Ault
Jacqueline	Boateng
Mackenzie	Brown
Stephanie	Charache
Mabel	Collins
Kimberly	Craig
Pinkay	Dahn
Ernestina	Dankwa
Annette	Davenport
Nicholas	Devol
Birdie	Diggs
Sarah	Emioma
Ogechi	Ezekiel
Sherri	Fisher
Mildred	Fomengia
Jen	Fox
Tromel	Gardner
Gladys	Ghann
Suendus	Guntane
Naima	Gurhan
Barbara	Hagan
Katrena	Haney
Claudius	Harding

Nimo	Hashi
Lisa	Hopps
Josephine	Jah
Sahra	Jamale
Sayo	Janneh
Veronica	Johnson
Mariama	Kamara
Fatima	Kamara
Musa	Kamara
Haja	Koroma
Tutue	Kpoto
Olajide	Kuteyi
Paul	Kwakye
Alex	Mbusop
Hawa	Mubarik
Eric	Namaky
Mamusu	N'galiwa
Jacqueline	Ngetich
Chantal	Ngum
Eveline	Njenwie
Esinam	Odoi
Martha	Odrumsky
Caroline	Olusola
Hilary	Opara
Emmanuel	Osei Ampomah
Gaongalelwe	Ramakatane-Nivins
Allison	Sargent
Mychael	Smith
Emmanuel	Tabi
Cyfora	Tanjong
Gladys	Thomas
Daniel	Togba
Abena	Yeboah
Olivia	Yormesor
Nafiso	Yusuf

**CONGRATULATIONS TO ALL FOR ACHIEVING A 3.7 OR
HIGHER GPA IN THE SPRING!**



Library Spotlight: Healthy Eating



You can request a library book by clicking “Place a hold” under the book in Populi’s library tab, just search by keywords. You will be notified when the book is available for pickup from the lobby area. Databases, journals, nursing ebooks, and more are available at

<https://aiam.populiweb.com/router/library/links/index>

Is there a book you would like to recommend for the AIAM Library? Email recommendations to Melissa Fischer at mfischer@aiam.edu

Questions about library resources? Email Ms. Fischer at mfischer@aiam.edu

AIAM IMPORTANT DATES AND OTHER INFO

*** AIAM IMPORTANT REMINDERS ***

- Masks are no longer required in administrative areas and classrooms; however, they are strongly recommended. Please be respectful of each other. If someone is masked, please ask if they would feel more comfortable with you being masked also.
- In the Clinic, it is up to the client and the clinician if they are masked. Mindbody indicated if a clinician (Massage, Acupuncture, and Reflexology) requires masks or not in their treatment room and all of their clients will be required to wear a mask. If one wants to be masked and wants the other to be masked, they will both be masked. It will be up to the masked person if they are both masked or not.
 - Check your AIAM email regularly for important communications from faculty and administration.
 - When coming on campus, DO NOT park in front of any space with a sign. You will be towed.
- Students are responsible for communicating directly with the manufacturer on all warranty-related issues for the laptop computer. If the laptop computer is purchased through AIAM, students are responsible to replace the item(s) at full cost if lost, stolen, or damaged beyond repair or outside of the warranty.



Just show up, no need to sign-up or email.
Make sure you click the zoom for the exact day and time you will attend.

NO LATE ADMITTANCE, camera on and same rules as in classroom.

-Tuesdays, 3:00-4:00pm from July 12-September 13:

<https://us02web.zoom.us/j/83980417742?pwd=WGlsY2IveDQvYUNPcHBKa2VCRk5yQT09>

Meeting ID: 839 8041 7742

Passcode: 906677

-Wednesdays, 12:00-1:00pm from July 13-September 14:

<https://us02web.zoom.us/j/87025571163?pwd=a05GVkVZUmFiN1dsdzFpWk1lQ09TUT09>

Meeting ID: 870 2557 1163

Passcode: 285501

#AIAMSTRONG